KINDNESS COLLECTIVE

The GirlGang Kindness mission is a simple one: Be Kind. Love yourself. Encourage others. Foster Community. Our vision is to encourage all individuals to be kind: to themselves, to one another, and to their community.

With this in mind, we developed **Kindness Collective** to highlight the kindness that exists in our community and encourage all of us to ask ourselves: “How do you show kindness to yourself, others, and the community?”

Everyone is a member of our GirlGang, and we are thrilled to start celebrating the ways YOU send ripples of kindness and love out into our world. Every Friday we will feature a community member and their responses to these three questions, hoping their stories will foster human connection and inspire us all to make kindness a priority in our day-to-day lives.

How to get involved? It’s simple.

There are three important questions included on this form. Pick one or more to answer - there is no character limit to YOUR story! Then send it back to us at girlgangyql@gmail.com.

Once you have shared your answers with us, resident GirlGang photographer Jes Beck (or another one of the GirlGang members) will arrange a time to capture a few photos to share with your story. We want you to feel comfortable and confident, so please pick a special-to-you location (within the city of Lethbridge), and we will meet you there!

After we have gathered all of this, the magic begins. Your story will be added to the Kindness Collective and we will share a new story on our social media platforms (@girlgangyql) and website (www.girlgangyql.com) every Friday.

Thanks for your interest. We look forward to hearing your story!

girl gang KINDNESS

How do you show kindness to yourself? others? the community?

PHOTO RELEASE FORM

I _____
hereby grant permission to GirlGang Kindness to use photographs of me taken on/by
_____
in publications, news releases, online, and in other communications related to GirlGang Kindness and the Kindness Collective.

_____
(Signature of Adult, or Guardian of Children under age 18)

Social Media for tagging (optional)

Instagram
_____

Twitter
_____

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